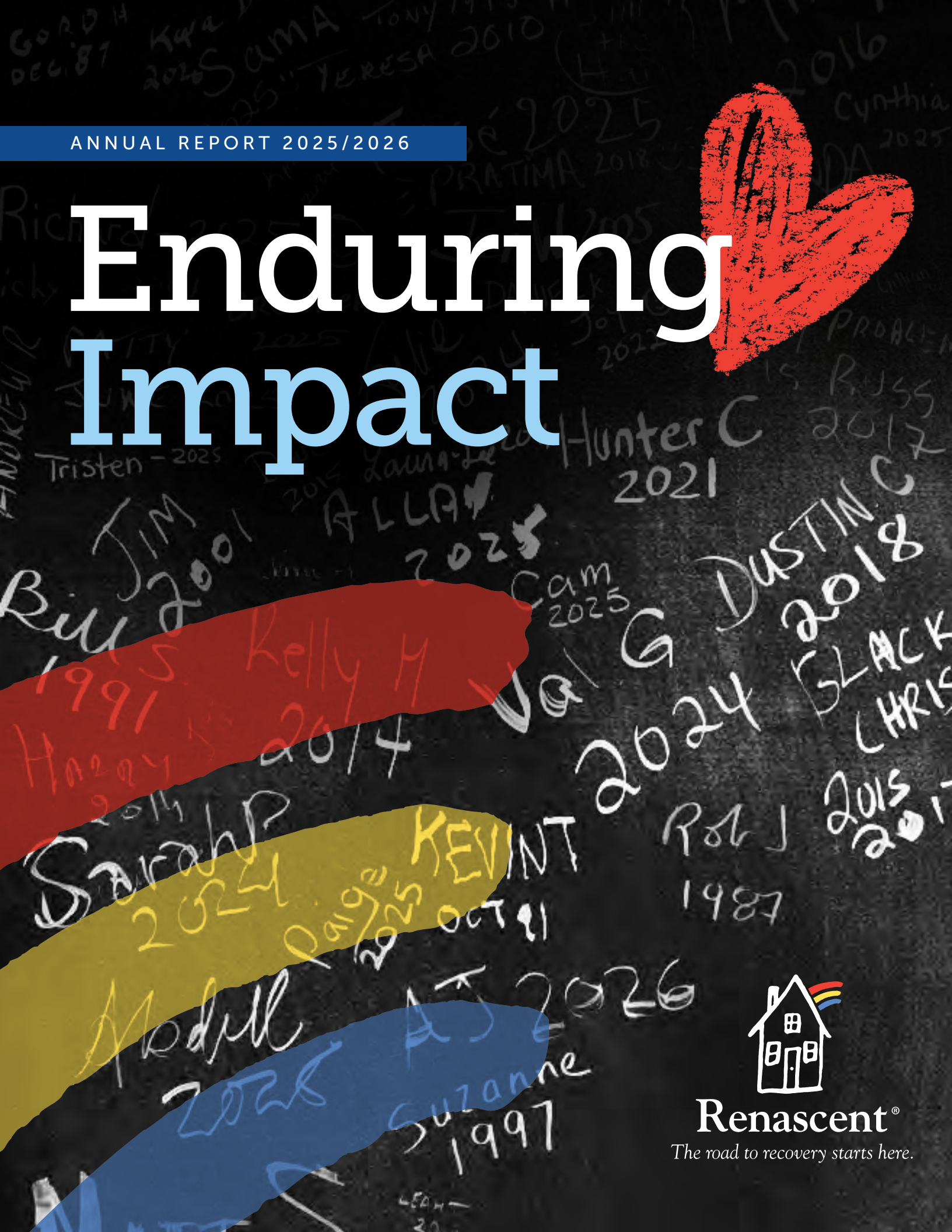


ANNUAL REPORT 2025/2026

# Enduring Impact



**Renascent®**

The road to recovery starts here.

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## Our Leadership Team

**Michael Lochran**  
Chief Executive Officer

**Tania Archer**  
Director of Business Development and Philanthropy

**Venkata Marella**  
Director of Finance and Administration

**Abshir Stock Yusuf**  
Director of Programs

**Nadine Buchanan**  
Associate Director of Human Resources

**Dr. Vera Tarman**  
Medical Director, Renascent Graham Munro Centre

**Dr. Dale Ryan**  
Medical Director, Renascent Madison Avenue Centre &  
Renascent Paul J. Sullivan Centre

**Melissa Abbey**  
Manager, Community Relations and Partnerships

**Hussain Akbar**  
Manager, Renascent Madison Avenue Centre

**Glen Adams**  
Manager, Client Care Access and Engagement

**John Bushell**  
Manager, Virtual Intensive Treatment Program

**Isaiah Gayle**  
Manager, Business Development

**Donna Harris**  
Manager, Marketing and Communications

**John Lowry**  
Facilities Manager

**Lateasha MacIsaac**  
Manager, Renascent Graham Munro Centre

**Alessandro Motta**  
Manager of Program Quality Measurement  
and Improvement

**Justin Ryan**  
Manager, Renascent Paul J. Sullivan Centre

**Christina Selvaggio**  
Manager, Philanthropy



# A Message from Renascent's CEO and Board Chair



For 56 years, Renascent has been a trusted source of care and hope for people navigating the challenges of addiction.

Operating in a rapidly evolving world, our commitment to the individuals, families, and communities we serve remains constant. Renascent helps people rebuild their lives through compassionate, evidence-informed addiction treatment. Our unwavering commitment is the Enduring Impact celebrated throughout this year's Annual Report.

This past year, we continued building upon our foundation. We enhanced client experience, expanded quality improvement initiatives, embraced new technologies that support clinical excellence, strengthened partnerships, and continued adapting our programs to meet the evolving needs of the people we serve. None of this happens in isolation. It is made possible by dedicated staff, students, volunteers, alumni, donors, community partners, and supporters who believe that recovery is possible.

The year also marked an important leadership transition as we thanked Laura Bhoi for her years of dedicated service to Renascent. We are grateful for the vision and commitment she brought to the organization and for the strong foundation she helped build.

As we look ahead, we do so with confidence. Our ongoing accreditation process, continued investment in innovation, and unwavering focus on clinical excellence position Renascent well to continue delivering on our mission while remaining true to the values that guide us.

Within these pages, you'll meet people whose lives have been transformed through recovery. Some first came to Renascent more than four decades ago. Others began their journey more recently. Their stories remind us that while every path to recovery is unique, the impact of Renascent's compassionate care, meaningful connection, and community can last a lifetime.

To everyone who has placed their trust in Renascent, thank you. Whether as a client, family member, employee, volunteer, donor, or partner, your support strengthens our ability to provide life-changing care today while ensuring that Renascent's enduring impact continues for generations to come.



**Michael Lochran, CEO**  
Renascent Fellowship & Renascent Foundation

**Karen Martin, Chair, Board of Directors**  
Renascent Fellowship & Renascent Foundation





# Leveraging AI to Build Stronger Connections



Every year, Renascent's Client Care and Access Centre (Access Centre) completes hundreds of intakes and assessments. As part of this process, the team's clinicians lead potential clients through a series of standardized questions over the phone to help determine which level of care best meets each person's needs.

With every client's consent and the click of a button, an AI-powered clinical documentation assistant called Heidi Health now joins each call. Working quietly in the background, Heidi Health allows Renascent's clinicians to focus more fully on the potential client, their care and connection.

"Typically, conversations during the intake and assessment process are deeply personal, emotional, and complex. The person may be speaking quickly, struggling to articulate their experiences, or are sharing important details about their substance use and health. In these moments human connection and active listening are critical," shares Glen Adams, Manager of Renascent's Access Centre.

This is where AI-powered scribe tools can help. These tools securely transcribe conversations and help clinicians create accurate, comprehensive clinical notes in real time, allowing staff to focus less on note-taking and more on what matters most: the person on the other end of the line.

"By leveraging AI-supported documentation our clinicians can focus on building trust from the very first interaction," Glen adds. "Most importantly, clients feel heard — and that connection matters."

The impact has been significant. Staff have been able to create a fuller picture of each potential client's care needs which in turn helps our clinicians make more informed placement and treatment decisions.

As Renascent continues to explore innovative ways to strengthen addiction treatment and recovery support, cutting-edge tools are helping enhance both the client and staff experience without losing the compassion and human connection that remain at the heart of Renascent's care.

Renascent's Access Centre team undertook a thorough pilot and review process before implementing this AI tool, to ensure that it met the organization's rigorous privacy and technology requirements.

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**PICTURED ABOVE:** Dustin Cunning, a member of Renascent's Client Care and Access Centre team. This past year, our Client Care and Access Centre team made over 23,624 connections (phone calls and emails) with people looking for support.

# Enhanced Withdrawal Management Supports Safer, More Seamless Care



Every Renascent clinician understands how important it is for clients to feel safe, supported, and cared for from the very beginning of their recovery journey. Removing barriers to care is an important part of their work.

Last year, Renascent introduced enhanced withdrawal management support across its [live-in treatment centres](#), helping more clients safely begin treatment without interruption or unnecessary delays in care.

Through this enhanced withdrawal management process, clients receive a comprehensive assessment using evidence-based tools, where clinically appropriate. These assessments help clinicians better understand each client's withdrawal symptoms and immediate care needs. In consultation with each centre's Medical Director, clinicians use this information to determine whether treatment can begin safely at Renascent or whether additional medical care is required first.

"We are committed to meeting clients where they are and understand that each person who walks through our doors may have different needs. Some clients are well enough to begin treatment right away, while others require additional support to safely manage withdrawal symptoms" said Abshir Stock Yusuf, Director of Programs.

This enhanced approach allows many clients experiencing mild to moderate withdrawal symptoms to remain within Renascent's care, where they can be safely monitored and supported in a familiar, therapeutic environment rather than being transferred elsewhere for withdrawal management.

Renascent's clinicians closely monitor each client's progress during their initial days in care. Clients who require a higher level of medical withdrawal management at any point are safely connected to hospital partners or specialized withdrawal management centres before returning to treatment at Renascent when appropriate.

Enhanced withdrawal management reflects Renascent's ongoing commitment to compassionate, person-centred care.

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**PICTURED ABOVE:** Addictions Counsellor, Jim Deleskie at Renascent Paul J. Sullivan Centre. This past year, 771 people were admitted into intensive inpatient/live-in treatment across Renascent's treatment centres.



# Strengthening Recovery:

## Evidence, Empathy, and Excellence

**PICTURED LEFT:** Members of Renascent's Quality Improvement Committee presented the pilot project's outcomes to peer organizations.



Every client who completes treatment at Renascent reaches an important milestone that marks the beginning of a new chapter in their recovery. For Renascent's teams, helping clients stay engaged and complete treatment is as important as helping them begin it in the first place.

Last year, Renascent launched a successful pilot project aimed at helping reduce early client discharges. The project was critical because clients who do not complete treatment are at a significantly greater risk of relapse.

Led by Renascent's newly formed Quality Improvement Committee (R-QIC), the initiative focused on identifying innovative ways to better support clients before treatment. The R-QIC consists of staff from across the organization and focuses on strengthening quality outcomes across our programs.

"We wanted to reduce early discharges by 5% in the first six months, and by 10% in the following six-month period," said Alessandro Motta, Manager of Program Quality Measurement and Improvement. "We reached our final target within the first six months alone."

Using quality improvement frameworks, the R-QIC introduced several evidence-based changes aimed at improving the client experience before admission.

Prior to admission, treatment centre staff connected directly with incoming clients to help them better understand what to expect during treatment, including program structure, daily routines, and available support. Members of Renascent's Client Care and Access Centre team also worked with community

partners to help incoming clients access additional support before beginning treatment.

"These conversations and connections helped clients feel more prepared and supported before arriving for treatment. That preparation and empathetic connection can make a meaningful difference in helping someone remain engaged in their recovery," shared Alessandro.

Along with improving treatment retention, the formation of the R-QIC helped further strengthen collaboration across teams and foster a growing culture of quality improvement.

By combining evidence-informed practices with compassion and human connection, Renascent continues to strengthen the quality of its care, helping more individuals remain in treatment, achieve recovery, and build healthier futures.

This initiative stemmed from Excellence in Quality Improvement Project (E-QIP), a project developed to foster a data driven approach to improving care in the community mental health and addiction sector. E-QIP is co-led by Addictions and Mental Health Ontario (AMHO) and Canadian Mental Health Association (CMHA), Ontario.

# Expanding Safety and Connection in Virtual Treatment



It's a Monday morning and Addictions Counsellor, Jake Nemett clearly outlines the next steps of the group counselling session. He invites every client to 'check-in' by sharing how they are feeling, any coping strategies they utilized, any substance use or unsafe behaviour they engaged in, any commitments they kept, and any community resources they accessed over the past weekend.

The first client to share speaks openly about the anxiousness they have been experiencing, but also reflects on the strategies and supports they used to help manage their desire to use substances. In response, Jake expresses sincere appreciation for the client's honesty before offering feedback and moving on to the next share.

This check-in — and the check-out that follows at the end of the educational session — is grounded in the Seeking Safety methodology.

In 2025, Renascent's [Virtual Intensive Treatment Program](#) implemented Seeking Safety, an evidence-based counselling program designed to help people who have experienced trauma develop healthy coping skills and establish safety in their lives and recovery.

The methodology had already been successfully introduced within Renascent's live-in treatment programs the year prior. Following its positive impact, the

organization expanded the approach into virtual care to help strengthen client engagement and support long-term recovery outcomes.

Paired with recovery education and group counselling, Seeking Safety helps clients build resilience, improve self-awareness, and develop healthier ways of coping with difficult emotions and experiences. The approach also encourages connection — an important part of recovery for many individuals who may have previously felt isolated or alone.

"We've seen a considerable improvement in client engagement and client commitment to recovery since implementing this program," said John Bushell, Manager of Renascent's Virtual Intensive Treatment Program. "This year, our client completion rate is at an all-time high, and a record number of clients are continuing on to our six-month virtual Continuing Care program as well."

**PICTURED ABOVE:** Members of Renascent's Virtual Intensive Treatment Team meeting via Zoom during their Monday-morning huddle to discuss client care.



# Delivering After Care that Supports Long-term Recovery



**"When I was in inpatient treatment, I was safe," Victor reflects. "I was surrounded by recovery 24/7 and fully supported as I learned to live life on life's terms. But afterwards, you don't have anything to keep you accountable in the same way."**

To support his continued recovery, Victor enrolled in [Renascent's Continuing Care Program](#). Through weekly virtual sessions, he met with peers and counsellors in a supportive setting as he adjusted to life after treatment.

"It was a chance to decompress," he says. "We could talk about recovery, emotions, family, work — all the things that come up once real life starts again."

The program reinforced many of the lessons Victor learned during treatment while helping him apply them to everyday life. Sessions explored topics like stress, finances, relationships, and emotional regulation, giving participants practical tools to maintain their recovery outside of inpatient care.

For Victor, one of the most valuable lessons involved rebuilding trust with family after treatment.

"I had spent several months working on myself and changing," he explains. "But for my family, I was still the person I had been in active addiction," he says. "I had to give them the grace and time to see the changes for themselves."

Continuing Care helped Victor understand that recovery impacts loved ones, too, and that healing takes patience and consistency.

Over nineteen months into recovery, Victor's life looks completely different. He is engaged to be married, expecting a baby daughter, working toward a new career, and has regained both his driver's license and his vehicle. He works full time, stays active in recovery, and sponsors four men.

"Life is amazing today," he says. "But I make sure I keep recovery at the forefront." He still attends up to three recovery meetings each week and has recently participated in several speaking engagements, sharing his story with others who may be struggling.

"Life is too precious now. I wouldn't be here without treatment, Continuing Care, the counsellors, my family, and the recovery community around me."

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**PICTURED ABOVE:** Victor attended live-in treatment at Renascent Madison Avenue Centre, then went on to complete Continuing Care virtually.



# Consistently Supporting Family Healing and Recovery



**It's been almost 20 years since Jennifer (Jennie) Bell walked through Renascent's doors as a client. Since then, she's gone on to do incredible things — becoming an addictions counsellor is one of them.**

Since being hired in 2010, Jennie has served as a Relief Counsellor at Renascent Graham Munro Centre, a Continuing Care, and a Family Counsellor, holding the latter role for over 10 years now. She brings an authentic perspective to Renascent's Family Care Program. As a person with lived-experience she brings hope to family members whose loved ones are struggling with addiction.

"Being able to bring the perspective of a person in recovery into my counselling helps families feel understood," Jennie shared. "At the end of the sessions, they are more hopeful. They improve communication with their loved one, learn about healthy boundaries and loving detachment, and begin focusing on their own well-being."

Renascent's Family Program serves as a safe and therapeutic space in which family members can receive group counselling and support. The program recognizes that addiction is a family disease and every member is in need of their own recovery.

Family members and loved ones attend hourly group sessions weekly where they learn about addiction,

gain tools and develop skills as they focus on their healing.

Although Family Programming is delivered virtually, Jennie and the other Continuing Care counsellors visit the live-in treatment centres weekly to connect with the clients and educate them about the program's benefits. They deliver a two-hour psychoeducational session and spend the day providing one-on-one counselling to live-in treatment clients.

"Recovery was a gift given to me, and I want to be able to give that to others," she said. "When I see how much families have learned and how their perspective begins to change, I feel a real sense of pride and accomplishment."

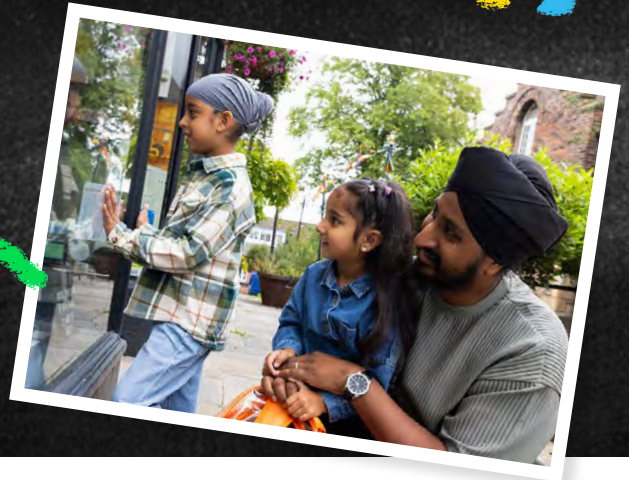
Over the years, Jennie has also witnessed an important shift in how families understand addiction.

"More families now recognize that addiction is a disease," she explained. "They're more willing to seek support and understand that recovery isn't only about the person using substances, families need healing too."

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**PICTURED ABOVE:** Jennie Bell at Renascent Paul J. Sullivan Centre. This past year, 273 people (parents, siblings, partners, and loved ones) participated in our Essential Family Care Program.

# Fostering Healing and Recovery in Children



When addiction impacts a family, children and teens often carry emotional burdens they do not fully understand. Feelings of fear, confusion, instability, and isolation can quietly shape their daily lives, often without a safe space to talk about what they are experiencing.

Through Renascent's Children's Program, young people and families are provided with compassionate, trauma-informed support designed to help them feel safe, connected, and understood.

Throughout the 2025–2026 fiscal year, children participating in the program demonstrated meaningful growth in their ability to express emotions, ask trusted adults for help, establish healthy boundaries, and manage difficult feelings.

"For many children, this was the first place where they felt safe enough to talk openly about how addiction was affecting their lives," said Cassandra Switzer, Family Counsellor. "You could really see their confidence grow over time. Kids who were once quiet or unsure started opening up about their feelings and realizing they weren't alone."

Importantly, many children continued attending alumni sessions even during difficult periods at home; reflecting the trust, consistency, and emotional safety the program helped create.

Teen participants also experienced important growth throughout the year, including stronger emotional regulation, healthier peer relationships, improved boundary-setting, and a greater willingness to seek support when needed.

For many teens, the program's 'check-ins' became an important source of connection and reassurance during some of the most formative years of their lives.

By supporting not only individuals, but entire family systems, Renascent's donor-funded Children's Program continues to help young people build resilience, strengthen emotional well-being, and experience the stability and connection every child deserves.

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**This past year, 39 children and 22 parents were served through Renascent's Children's Program.**



# Supporting the Workforce that Builds Our Communities



For many workers in the trades and other physically demanding sectors, the pressures of the job can take a significant toll on both physical and mental health. Long hours, injuries, chronic pain, shift work, and demanding work environments can increase the risk of substance use harms and addiction — making access to timely, specialized care critically important.

For decades, Renascent has worked closely with employers, unions, Disability Management, and Employee Assistance Program (EAP) providers, as well as insurers to help workers — including those in the trade sector — access addiction treatment and recovery support.

Last year alone, Renascent's Community Relations and Partnerships team helped hundreds of individuals access care through dedicated treatment coordination and support services tailored to the needs of corporate and organizational partners.

The team provides high-touch care coordination, case management, progress reporting, and ongoing communication to help ensure clients, employers, and referral partners feel supported throughout the recovery journey.

Clients often require additional medical, workplace, or insurance-related support before treatment can begin successfully. In these situations, Renascent's Community Relations and Partnerships team works closely with the individual, their employer, and benefits providers to help navigate barriers and coordinate care as seamlessly as possible.

"Workers in the trades often present with more complex medical and recovery needs related to injuries, pain management, medications, and irregular work schedules," shares Isaiah Gayle, Manager of Business Development. "By taking a collaborative and person-centred approach, Renascent helps ensure clients receive the care and support they need at every stage of the process."

As the workforce continues to evolve, Renascent is also adapting to better meet the needs of a growing and increasingly diverse client population. In recent years, more women have entered the trades, and Renascent has continued expanding access to gender-specific treatment and support services. Last year alone, the organization saw an eight per cent increase in the number of women accessing care compared to previous years.

Through strong partnerships, compassionate care coordination, and specialized support, Renascent continues to help workers, families, and workplaces build healthier futures through recovery.



# Partnership and Collaboration in Remote Communities



Accessing addiction treatment can be especially challenging for individuals living in Northern and remote communities, where care is often far from home and support services can be limited. Beginning the recovery journey may involve not only emotional vulnerability, but also long-distance travel, unfamiliar surroundings, and significant logistical barriers.

Through its longstanding partnership, Renascent continues to help ensure Government of Northwest Territories (NWT) residents can access the treatment and support they need to begin recovery at Renascent's treatment centres.

In August 2025, members of Renascent's Community Relations and Partnerships team travelled to Yellowknife for a series of meetings and roundtable discussions focused on further strengthening client experience, care, and collaboration.

Renascent's Community Relations and Partnerships team works closely with referring organizations to coordinate all aspects of care, including admissions, travel arrangements, clinical communication, and post-treatment support. Because many clients travelling from Northern and remote communities face unique logistical and care-related challenges, thoughtful coordination and strong partnerships are essential to helping treatment begin successfully.

"We had many fruitful discussions with members of the NWT team while we were in Yellowknife," said Isaiah Gayle, Manager of Business Development. "There is a deep appreciation for the high caliber of care that Renascent provides to their residents. Our home-like environment and experienced clinical teams help clients feel welcomed, supported, and safe as they begin recovery."

The visit also provided an opportunity for both organizations to identify ways to further strengthen services and remove barriers to care. Following the discussions, Renascent developed customized pre-treatment resources and introduced several adjustments aimed at better supporting clients before and during treatment.

By continuing to build strong partnerships rooted in collaboration, communication, and compassionate care, Renascent is helping more communities access meaningful support and take important steps toward long-term recovery.

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**PICTURED ABOVE:** Renascent's Isaiah Gayle and Ana Spinelli travelled to Yellowknife to meet with members of the Government of the Northwest Territories team.



# Donors Give Those in Need a Taste of Recovery



When Sue Williams arrived at Renascent in 2020, following a car accident, she was searching for help and a way forward. Today, more than six years into recovery, she remains deeply connected to the organization that helped change her life.

"If Renascent wasn't here, I wouldn't be here," Sue shared. "Renascent helped save my life, and I'm just grateful to have found sobriety."

That gratitude has inspired Sue to give back in meaningful ways. In addition to making financial contributions to Renascent, Sue and her partner own Soundview Girlzzzzzzz, and donated jars of honey as gifts for alumni who volunteered or donated in support of the organization.

Sue's generosity reflects the spirit of community and connection that continues to strengthen Renascent's network of donors.

Last year, thanks to the support of corporate partners, private donors, alumni, and community members, Renascent Foundation raised more than \$750,000 in support of addiction treatment, family programming, and recovery support services for individuals in need.

While charitable giving continues to face challenges across the sector, Renascent has remained focused on building meaningful relationships with donors and sharing the hope that recovery makes possible.

"Our goal has been to continue sharing uplifting stories of recovery and reminding donors how valued they are," said Christina Selvaggio, Manager of Philanthropy. "Many of our donors are in recovery themselves. They understand the impact of Renascent's work and want to help ensure care remains available for others now and into the future."

Last year, the Foundation also introduced new ways to strengthen donor appreciation, including personalized birthday cards for supporters.

Today, Sue remains an active member of Renascent's alumni community and continues to use the tools she first gained in treatment years ago — a reminder that recovery not only changes lives, but often inspires people to help others begin their own journey.

[Click here to watch Sue's story](#)

**PICTURED ABOVE (R-L): Sue Williams Renascent Alumni, Tania Archer, Director of Philanthropy and Business Development, and Sue's partner Leslie.**



# Recovery Shot: Driving Hope One Swing at a Time



Renascent Foundation's 31st annual Recovery Shot Golf Tournament was a celebration of community, generosity, and lasting impact. Held at the scenic Angus Glen Golf Club in Markham, the 2025 tournament once again brought together a sold-out group of golfers, sponsors, and supporters in support of addiction recovery programs — raising more than \$184,601 toward Renascent's mission.

For more than three decades, Recovery Shot has been a cornerstone of Renascent Foundation's fund-raising efforts, raising millions of dollars to support treatment and recovery. The continued generosity of sponsors, donors, and participants plays a vital role in helping individuals and families access the care they need to rebuild their lives.

This year's tournament once again demonstrated what is possible when a community comes together with a shared purpose. The event was marked by powerful moments, including remarks and video presentation featuring Renascent Alumni Quincy and his Aunt Kelly, who is both a Renascent Golf Committee Member and a Renascent Family Program alumni. Both lives have been impacted by Renascent's programs.

Renascent is deeply grateful for the ongoing support of its Title Sponsor, Unifor; Champion Sponsor, Ford; and the many partners committed to advancing recovery and restoring hope.

[Click to watch Quincy and Kelly's Story](#)





# Road to Recovery Walk/Run: Community Moving Recovery Forward



**Renascent alumni, supporters, staff, families, and friends came together with energy, enthusiasm, and plenty of community spirit at the sixth annual Renascent Road to Recovery Walk/Run. The event transformed a beautiful spring morning into a powerful celebration of hope and healing — raising \$19,780 in support of life-saving addiction treatment at Renascent's Centres.**

Held on May 31, 2025, participants gathered for breakfast at Unifor Local 222 before walking along the Lakefront in Oshawa. The event was attended by the Member of Parliament for Durham, Jamil Jivani, and Member of Provincial Parliament for Oshawa, Jennifer French, who delivered remarks.

Each year, Renascent's Road to Recovery Walk/Run brings together supporters who share a belief that recovery should be accessible for everyone. Through their generosity and commitment, participants help strengthen the programs, services, and supports that individuals and families rely on throughout their recovery journey at Renascent.

Together, they help ensure that when someone is ready to seek help, access to life-saving treatment and care is never limited by financial barriers. By raising critical funds and awareness, this community is challenging stigma, inspiring hope, and amplifying a powerful message: recovery is possible.

Renascent is deeply grateful to this year's participants, donors, supporters, and sponsors for making the event such a success. Special thanks to Unifor Local 222 for providing the pre-walk venue and to other event sponsors including XYZ Storage, MedPlus Pharmacy, Starbucks, Costco Canada.





# Sparks of Hope: Fueling Creative Recovery Through Art & Writing



On November 15, 2025, supporters, alumni, staff, and community members gathered at the Station Gallery in Whitby for Sparks of Hope, an evening that celebrated the creativity, resilience, and possibility that recovery inspires.

Through the generosity and commitment of Renascent's donor community, guests experienced an inspiring showcase of alumni artwork, music, poetry, and storytelling, all highlighting the transformative power of recovery. Interactive activities encouraged attendees to reflect on hope, healing, and the impact that compassionate support can have on individuals and families affected by addiction.

We welcomed Whitby Mayor Elizabeth Roy, who offered remarks recognizing the importance of accessible addiction treatment and the role community support plays in helping individuals access care.

A highlight of the evening was the Spark of Hope Writing Contest, inspired by long-time donor and arts champion Anne Millyard, whose vision was to revive Renascent's Writing Collective. Open to clients, alumni and their loved ones, the contest created a platform for participants to share stories of resilience, recovery, and hope through original poetry and short stories. All entries were judged by alumni and presented the opportunity to share their writing with guests.

Keaton O. won the short story category for "[I Walked Home](#)," and in poetry, Kristie R. received top honours for "[I hope, I hope, I know](#)."

The evening also featured musical performances by Renascent counsellor Melissa Lauren, and guest Darren Greer, whose heartfelt set underscored the joy and connection recovery can bring.

By investing in opportunities for connection, creativity, and healing, Renascent's supporters help ensure that recovery extends beyond treatment, fostering a community where individuals can find their voice, share their journey, and inspire others with the message that recovery is possible.





# Heroes of Hope: Honouring Service and Impact in Recovery



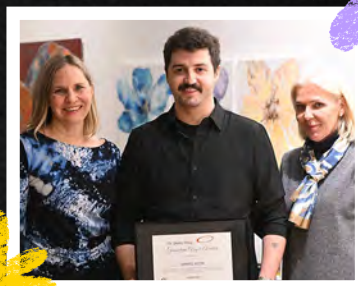
At Sparks of Hope on November 15, 2025, Renascent proudly recognized outstanding members of its recovery community with the Yielding Family Legacy Recovery Awards and the Peter Armstrong Community Award of Excellence. These honours celebrate commitment to service, compassion, and those who used their recovery to help transform lives and strengthen the community that makes healing possible.

Established through the enduring legacy of dedicated supporters, the awards reflect the profound impact that generosity and community leadership can have on recovery. Rooted in the legacy of Dr. Ed Yielding, his wife Bobby, and their daughter Linda, the Yielding Family Awards recognize individuals whose contributions leave a lasting mark on the recovery community and inspire others to carry that legacy forward. This year's alumni recipients exemplify service in action:

- **Hunter Comerford** (below left) has shown unwavering commitment by regularly chairing alumni meetings, supporting community initiatives, and giving back through mentorship and advocacy.
- **Samuel Roth** (below middle), now an Addictions and Mental Health Counsellor, combines lived experience with professional care; supporting alumni, leading meetings, and creating spaces where individuals feel seen and supported.
- **Sue Williams** (below right) demonstrates extraordinary dedication, travelling long distances to lead alumni meetings, mentor others, and break stigma through advocacy and community involvement.

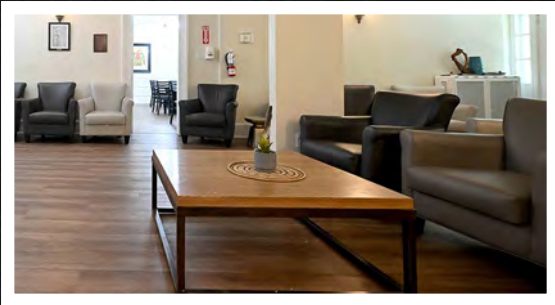
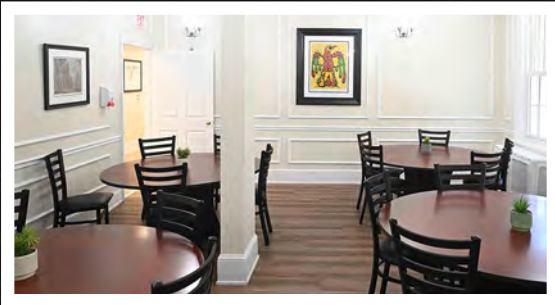
The Peter Armstrong Community Award of Excellence was established by former long-serving Board Member Peter Armstrong, whose unwavering commitment to Renascent and the recovery community inspired a desire to recognize exceptional achievement, leadership, and service. The award honours individuals who embody the spirit of recovery by uplifting others, fostering connection, and demonstrating the determination and compassion that help communities thrive. Peter remains a dedicated and visionary champion of addiction and mental health programs at Renascent and continues to lend his expertise as a member of the award nominee review panel.

The evening's highest honour, the Peter Armstrong Community Award of Excellence, was presented to **Darren Greer** (above), a respected leader in the recovery field whose work exemplifies the values the award was created to celebrate. As Clinical Case Manager at a Renascent community partner agency, Darren blends clinical expertise with cultural understanding, integrating Indigenous traditions and holistic practices into care.





# Other Highlights



## Supporting Recovery Through Safe and Welcoming Spaces

Thanks to the generosity of an anonymous donor and their family, important enhancements were made to the interior of the Renascent Paul J. Sullivan Centre last year. Their capital investment supported fresh paint and new flooring in several high-traffic areas, helping transform key spaces within the centre.

More than physical upgrades, these improvements contribute to a warm, welcoming atmosphere that promotes dignity, comfort, and hope — reinforcing Renascent's commitment to providing a therapeutic environment where healing can begin the moment someone walks through our doors.

## Celebrating Recovery and Community at the Ballpark

On August 16, 2025, Renascent Foundation hosted alumni at a Toronto Blue Jays game, offering tickets and dedicated seating for the group.

Gatherings like this offer alumni an opportunity to stay connected to Renascent's supportive and enduring community. As the Toronto Blue Jays secured a win over the Texas Rangers during what proved to be an exciting season for the team, the day was marked by energy, connection, and community spirit.

## Strengthening Recovery Through Community Connection at the ORC

Over the weekend of March 20–22, 2026, Renascent hosted more than 800 alumni, staff, and members of the recovery community in Renascent's hospitality suite at the Ontario Regional Conference (ORC) of Alcoholics Anonymous.

Renascent's participation at events like the ORC is supported by the generosity of a vibrant community of alumni donors and help strengthen the connections that sustain long-term recovery. Throughout the weekend at the Sheraton Centre Toronto Hotel, alumni reconnected with peers, shared their experiences, attended workshops, listened to inspiring speakers, and celebrated the progress they have made on their recovery journeys.

For many alumni, ORC serves as a powerful reminder that recovery does not end when treatment is complete. Through ongoing fellowship, peer support, and meaningful connections, individuals continue to build the relationships and sense of belonging that are essential to lasting recovery. By investing in Renascent's recovery community, supporters help ensure that alumni remain connected, supported, and inspired long after they leave treatment.





# By the Numbers

**1,839**

enrollments across all of Renascent's live-in and outpatient treatment programs.



**771**

people were admitted into intensive inpatient/live-in treatment in our treatment homes.

**370**

people were admitted to treatment in our Virtual Intensive Treatment Program.



We delivered a total of

**21,041**  
patient days.

Patient days represent the total number of days all individuals spent in our inpatient treatment program. It is calculated by adding together each patient's length of stay.



Our Client Care and Access Centre team made over



**23,624**

connections (phone calls and emails) with people looking for support.

**364**

people participated in our

**Continuing Care Program.**



**273**

people (parents, siblings, partners, and loved ones) participated in our Essential Family Care Program.



**39 Children**

and

**22 Parents**

were served through our Children's Program.





# Our Donors

(organizations and foundations)



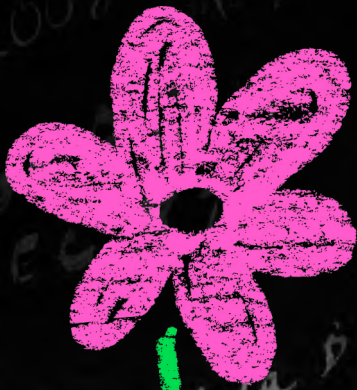
While Renascent receives Ontario government funding for portions of its treatment programs, the actual cost of delivering these services is significantly greater. Donations raised through events like the Road to Recovery Walk/Run help support Renascent's Live-in, Continuing Care, Family, Children, and Alumni Programs. Renascent is deeply grateful to its donors for supporting its mission.

Acosta Group Canada  
Aga Khan Museum  
Air Canada  
Alchemy Capital Partners Inc.  
Aline Nasseh Chocolates  
Alpha House  
Angus Glen Golf Course  
Art Gallery of Ontario  
Baldwin Bistro  
Baskits  
Bennington Ontario Inc.  
C-Works Inc.  
City Experiences  
Climatemp Systems Ltd.  
COBS Bread - Rutherford MarketPlace  
Comeback Snacks  
Comeback Snacks Inc  
Costco - Etobicoke  
Costco Wholesale - Brampton  
Costco Wholesale - Business Centre  
Costco Wholesale - Markham  
Costco Wholesale - Overlea Blvd  
Costco Wholesale - Richmond Hill  
Costco Wholesale - Warden Ave  
Cupcake Junkie Dessert  
Bakery Brooklin  
Derlea  
Donor  
Drydel Build Co.  
Estehr Myers Yoga Studio  
Eventbrite Canada  
F45  
F45 Danforth Toronto  
F45 Don Mills  
Ford Motor Company of Canada  
Four Seasons Country Club  
Goodlife Fitness  
Green Sanderson Family Foundation  
Green Shield Canada

Guess Where Trips  
Hockey Hall of Fame  
Hockey Hall of Fame  
Home Hardware Brooklin  
Hugessen Consulting  
I.B.E.W. Local 353 Welfare Plan  
IATSE Local 58  
IBEW Local 353  
Ironworkers Local 721  
Ironworkers Local 721  
Keurig  
Koskie Minsky LLP  
Lear Corporation  
Lindt  
Longos - Brooklin  
Magna International Inc.  
Manulife Financial -  
United Way Admin (500-G-A)  
McEwans  
MIK Clothes  
Mississauga of Scugog Island  
First Nation  
Modo Yogo Brooklin  
Mother Parkers  
NHLPA  
Niagara Parks  
Oakville Community Foundation  
Oasis Addiction Recovery Society  
Ontario English Catholic  
Teachers Association  
Pepsi Co  
Planet Fitness - Gerrard Square  
Purdy's Chocolatier  
Raber Mitts  
Rise Cycle  
Royal Canadian Legion Branch 519  
Royal Ontario Museum  
Service Inspired Restaurants  
Shoppers Realty Inc

SLR Consulting (Canada) Limited  
SportsNet  
Superstore - Baldwin  
Tennis Canada  
The Aldo Udovicic Sales Team Inc.  
The Keg  
The Old Spaghetti Factory  
The Rock Oasis  
The Rotary Club of Toronto  
The Segal Company  
The Village at Black Creek  
The Waterside Inn  
Toronto Police Association  
Total Signs  
Ungar Medicine  
Professional Corporation  
UNIFOR Canada  
UNIFOR Local 112  
Unifor Local 1285  
UNIFOR Local 222  
Unifor Local 2458  
Unifor Local 444  
Unifor Local 444  
UNIFOR Local 707  
United Way  
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Vincent A. Mercier  
Professional Corporation  
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Walmart Canada Corp.  
Wealthmore Financial Strategies Inc.  
Weiss Architecture & Urbanism Limited  
Westin Harbour Castle Hotel  
Windsor Arms Hotel  
York Regional Police Association





# 55 YEARS OF CARE

For over 55 years, Renascent has played an important role in community addiction treatment. We have provided care for more than 55,000 people, helping them find recovery and build a brighter future.

## Here are some of their stories:

|                 |                     |
|-----------------|---------------------|
| Michel's Story: | Alumni of 40+ years |
| Larry's Story:  | Alumni of 30+ years |
| Rino's Story:   | Alumni of 20+ Years |
| Lynn's Story:   | Alumni of 10+ Years |
| Daylen's Story: | 1 year of Recovery  |



# Michel's Story:

"Renascent Showed Me the Way."



Retired Renascent Addictions Counsellor, Michel Robert still remembers the first person he admitted to Renascent. "I was a nervous wreck," he recalls with a laugh. "Decades later, that Renascent alumni still calls me every year on my sobriety anniversary. He's still sober too."

Seeing people rebuild their lives, reconnect with their families, and discover hope in recovery became the most rewarding part of Michel's work at Renascent Madison Avenue Centre (Madison Centre). But long before he welcomed others through Renascent's doors, Michel had once walked through them as a client himself.

Believing he had run out of options, in 1985, after years of addiction and a life that had spiralled out of control, a friend drove to Ottawa to bring Michel to treatment at Renascent's Bayview House. Michel completed the program and returned home determined to stay sober. A few months later, he relapsed.

"I woke up in the hospital but I knew exactly what to do," Michel says. "Renascent had shown me the way."

The program had given him something invaluable; not a quick fix, but the knowledge, support, and confidence to reach out for help again. Michel returned to recovery, attended meetings, found a sponsor, and began rebuilding his life one day at a time.



Recovery gave Michel a new sense of purpose. Determined to better understand addiction and human behaviour, Michel returned to school and became Renascent's very first student placement. He later joined the organization as a counsellor, where he spent more than 30 years helping others begin their own recovery journeys.

While Bayview House is no longer a Renascent treatment centre, looking back over four decades, Michel has watched both addiction and treatment evolve. When he first entered treatment at Renascent, it was the only 12-Step based addiction treatment centre and most clients sought help primarily for alcohol addiction. Today, Renascent supports people experiencing increasingly complex substance use disorders, reflecting both the changing landscape of addiction and the organization's continued commitment to meeting people where they are.

While treatment has evolved, Michel believes one thing has remained constant: Renascent gives people hope and a place to begin again.

"I really believe Renascent saved my life," he says. "If I hadn't come here, I wouldn't be alive today."

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**Michel's story is a powerful reminder that the impact of recovery extends far beyond one individual. His recovery changed his life and through his work, it helped change countless more.**



# Larry's Story:

"Wait and See."



**When Larry Logan arrived at Renascent's Paul J. Sullivan Centre in Whitby in 1994, the area was entirely unfamiliar to him. The idea of recovery felt just as unfamiliar.**

Larry had never been to treatment, never attended a recovery meeting, and had no idea what to expect. He had travelled from Sudbury more than five hours away, homeless, and looking for a fresh start.

An employee at a Sudbury withdrawal management centre, had suggested treatment just days earlier. And when Larry contacted other centres closer to his home, he was turned away because of his legal issues.

However, Renascent welcomed him. And over his 28 days in treatment, Larry committed to the programming and learning.

Recovery did not transform Larry's life overnight. Armed with the tools he gained in treatment at Renascent, recovery happened one day at a time.

After treatment, Larry attended recovery meetings daily, eventually found new work in sales, and slowly rebuilt his life. "My first night in my apartment, I slept on the floor," he remembers. "Every paycheque bought something: a mattress, a table, dishes. I was building a life."



Years later, despite career success in sales, Larry realized something was missing. "I was doing really well financially but I wasn't happy," he recalls.

Larry returned to school and completed what was then called a Human Services Counsellor Program. He completed a portion of his student placement hours at Renascent Madison Avenue Centre (Madison Centre), and eventually joined the team. Larry has held many front-line roles at Madison Centre over the years, from being a volunteer, to a relief counsellor, and overnight staff, and since 2002, being a full-time member of the team.

Ask Larry what he is most proud of, and he does not mention his own sobriety or career. Instead, he talks about the men he has watched rebuild their lives. "I saw them at their worst, and then I watched them get better," he says. Some have celebrated decades of sobriety. Others have become close friends.

For Larry, lasting recovery is never a solo journey. "You have to, have to, have to have fellowship," he says. "Having people who understand you is an important part of this recovery journey."

More than 30 years after arriving at Renascent as a client, Larry still lives by the words engraved on his 25-year medallion: "Wait and see."

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**"Most people spend life worrying about what's next," he says. "I don't. I just wait and see what God's got for me."**



# Rino's Story:

## "I Didn't Recognize Myself Anymore"



On his third day at Renascent, Rino stood in front of the mirror shaving when a difficult realization hit him. "I didn't recognize my own reflection anymore," he says. "I didn't have a soul. I had lost all my interests. I had lost myself."

For years, Rino was a self-described functioning alcoholic. He built a career, kept up appearances, and convinced himself things were under control — until they weren't.

A shift worker, he'd often found himself with long stretches of free time. Drinking slowly became a way to fill the hours and, gradually, one drink turned into many. When his boss finally commented Rino wasn't looking well, "I knew the gig was up," he recalls. "I confided in him that I may have a problem."

At first, Rino saw treatment as something temporary: three weeks to appease his employer before returning to old habits. But that morning in the mirror, "I suddenly understood that 'the guy upstairs' didn't plan for me to live this way," Rino says. He threw himself into recovery, dove into the Big Book, attended every 12-Step session he could, and became the first to arrive and the last to leave.

"After about a week, I realized you're only going to get out of this as much as you put into it," he explains. "So I put everything into it."



The structure and honesty encouraged by Renascent counsellors helped him begin rebuilding his sense of self. "Before treatment, I was probably one of the most dishonest people you'd know," he admits. "I would tell people what they wanted to hear. The counsellors taught us to be honest, first and foremost, with ourselves."

Hearing other alumni share their recovery stories also gave him hope. "It was uplifting," he says. "You realized life goes on. You can get back to having the life you deserve."

That hope continued after treatment. Rino connected with a strong recovery community, found a sponsor who became a lifelong support, and slowly began building a life he never imagined for himself.

Still, one thought lingered: who would want to build a life with an alcoholic?

"My self esteem had taken a hit from past relationships," he shares. When his sister arranged a blind date for him with a woman named Anne, he reluctantly went.

"My sister knew Anne was also in recovery," he says with a laugh. "I didn't. But it worked — and despite neither of us wanting the minivan, the suburbs, the kids ... we went on to have just that. Honestly, I couldn't be happier or more proud of our children. We're open to them about everything, and they're unbelievable human beings."

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**Now more than 26 years into recovery, Rino says the greatest gift has been learning how to face life without escaping from it.**



# Lynn's Story:

## From Hopelessness to H.O.P.E.



**Lynn Evans' life took an unsuspecting turn after a single conversation with a stranger. "I was homeless, jobless, and using any money I had to support my addiction," Lynn recalls. "One day, a woman suggested I needed to look at my life from a different angle."**

Until that moment, Lynn believed life had to improve before she could abstain. Instead, she realized that recovery had to come first.

"I thought I needed a miracle before I could quit," she says. "Once I realized it was up to me, I was open to creating my own miracle."

Lynn had attended treatment more than once and struggled to maintain sobriety while experiencing homelessness. Without stable housing or support, building a life in recovery felt out of reach.

In 2010, Lynn returned to Renascent determined to do things differently.

"I had been to Renascent twice before and never completed treatment," she says. "This time, I was determined it would be different. Renascent brought me to hope."

That decision became the turning point in her life.



Treatment led to transitional housing, post-secondary education, several diplomas, and, most importantly, long-term recovery. This year, Lynn celebrated 15 years in recovery and has built the life she once believed was impossible. She enjoys spending time with the strong network of family and friends who continue to support her.

Recovery also inspired a new purpose. Lynn became an addictions counsellor and works as a relief counsellor at Renascent's Graham Munro Centre, where she helps women discover the same hope that was once offered to her. She is also very active in the recovery community, giving back whenever she can do so.

In 2022, Lynn was recognized by Renascent with the Yielding Family Legacy Recovery Award, for the compassion and creativity she brings to her role through group walking meditation, journaling, art, and other therapeutic activities that help clients express themselves.

"I love spending time with our clients and getting to know them on another level," she says. "Some have told their stories so many times they're exhausted. Creative expression gives them another way to connect, heal, and come alive."

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**The message Lynn shares with every person who is struggling is simple. "Have H.O.P.E.," she says. "Hold On, Pain Ends. Don't give up. In recovery, there's always a seat for you, no matter where you are."**

# Daylen's Story:

## "I'm No Longer Fighting Against the World"



After years of addiction, legal trouble, and isolation, Daylen came to Renascent from the Northwest Territories ready for change. "I'd been drinking since I was 11 years old," he shares. "At first, it made me feel more comfortable with myself, but over time my use progressed to harder drugs. I couldn't keep a job, I couldn't maintain a relationship, couldn't manage my life."

When Daylen's lawyer and counsellor both encouraged him to seek treatment, he decided it was time to ask for help.

Initially, "I was scared," he admits. But what he found at Renascent surprised him.

"The counsellors were very welcoming and understanding," Daylen says. "They helped me navigate why I was there and assured me I wasn't alone. I really needed that."

During inpatient treatment, he participated in individual and group counselling, attended 12-Step meetings, and began building the tools and routines needed to support long-term recovery. By the end of the program, Daylen says he felt like he had "a bit of myself back."



But he also knew recovery would require ongoing work once treatment ended. To further support his recovery, he committed to Renascent's Continuing Care Program. Through regular virtual sessions, he found additional connection and support as he adjusted to life after treatment.

"Getting sober is incredibly difficult," he says, "but in the beginning, staying sober can feel even more challenging. Continuing Care kept me accountable, gave me direction when I needed it most, and helped me understand why and how to maintain my recovery. This community has been my greatest support."

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**Today, Daylen is married, owns a successful construction company, and has rebuilt relationships with his children and family. He continues to give back by sponsoring others, serving in both CA and AA, and leading a new recovery meeting in his northern community. "Life is manageable now," he says. "I have support, and I give support. I'm no longer fighting against the world."**

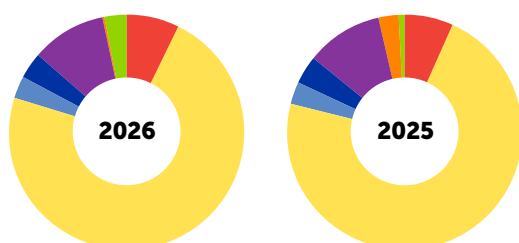


# Financials and Reporting

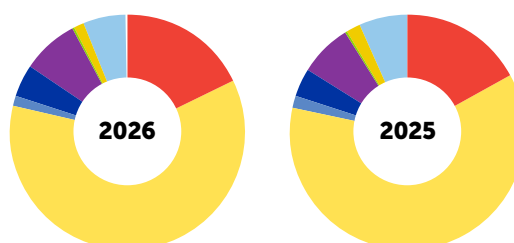
## Renascent Foundation Inc. Statement of Revenue and Expenses (year ended March 31)

|                                                      | 2026                |             | 2025               |             |
|------------------------------------------------------|---------------------|-------------|--------------------|-------------|
| Revenue                                              | \$                  |             | \$                 |             |
| ● Donations                                          | 512,100             | 7.47%       | 469,904            | 6.79%       |
| ● Fees for services                                  | 5,131,921           | 74.85%      | 5,030,263          | 72.68%      |
| ● Essential Family Care                              | 208,000             | 3.03%       | 213,120            | 3.08%       |
| ● Special events                                     | 251,671             | 3.67%       | 274,477            | 3.97%       |
| ● Rental income                                      | 731,525             | 10.67%      | 731,525            | 10.57%      |
| ● Miscellaneous                                      | 20,629              | 0.30%       | 201,778            | 2.92%       |
| <b>Total:</b>                                        | <b>\$6,855,846</b>  | <b>100%</b> | <b>\$6,921,067</b> | <b>100%</b> |
|                                                      |                     |             |                    |             |
| Expenses                                             |                     |             |                    |             |
| ● Grant to Renascent Fellowship                      | 1,260,406           | 17.82%      | 1,146,158          | 17.07%      |
| ● Treatment centres                                  | 4,314,950           | 61.02%      | 4,121,602          | 61.37%      |
| ● Special events                                     | 100,535             | 1.42%       | 109,439            | 1.63%       |
| ● Annual giving                                      | 310,524             | 4.39%       | 268,965            | 4.00%       |
| ● General Administration                             | 543,709             | 7.69%       | 487,728            | 7.26%       |
| ● Insurance                                          | 2,431               | 0.03%       | 2,622              | 0.04%       |
| ● Property tax                                       | 20,686              | 0.29%       | 19,703             | 0.29%       |
| ● Interest on long term debt                         | 92,897              | 1.31%       | 129,007            | 1.92%       |
| ● Amortization                                       | 425,284             | 6.01%       | 431,192            | 6.42%       |
| <b>Total:</b>                                        | <b>\$7,071,422</b>  | <b>100%</b> | <b>\$6,716,416</b> | <b>100%</b> |
|                                                      |                     |             |                    |             |
| <b>(Deficiency) Excess of Revenues over Expenses</b> | <b>(\$215 576 )</b> |             | <b>\$204,651</b>   |             |

2026 vs 2025 Revenue at a Glance



2026 vs 2025 Expenses at a Glance

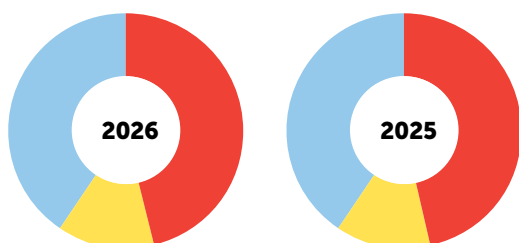


# Financials and Reporting

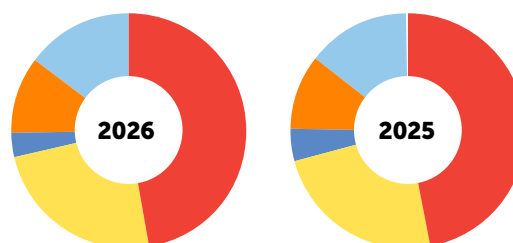
## Renascent Fellowship Statement of Revenue and Expenses (year ended March 31)

|                                                                  | <b>2026</b>        |                | <b>2025</b>        |                |
|------------------------------------------------------------------|--------------------|----------------|--------------------|----------------|
| <b>Revenue</b>                                                   | \$                 |                | \$                 |                |
| ● Ministry of Health-Ontario Health-Operations                   | 4,289,204          | 46.14%         | 4,124,184          | 46.60%         |
| ● Grants from Renascent Foundation                               | 1,260,406          | 13.56%         | 1,146,158          | 12.95%         |
| ● Other income                                                   | 200                | —              | —                  | —              |
| ● Service Provision fee                                          | 3,746,868          | 40.30%         | 3,579,447          | 40.45%         |
| <b>Total:</b>                                                    | <b>\$9,296,678</b> | <b>100.00%</b> | <b>\$8,849,789</b> | <b>100.00%</b> |
| <b>Expenses</b>                                                  |                    |                |                    |                |
| ● Men's Residential, Outpatient, and Continuing Care Treatment   | 4,415,309          | 47.49%         | 4,164,201          | 47.05%         |
| ● Women's Residential, Outpatient, and Continuing Care Treatment | 2,231,854          | 24.01%         | 2,109,405          | 23.84%         |
| ● Family Program                                                 | 318,868            | 3.43%          | 392,659            | 4.44%          |
| ● Alumni Service                                                 | —                  | —              | 4,246              | 0.05%          |
| ● Access Center                                                  | 963,282            | 10.36%         | 903,436            | 10.21%         |
| ● Outpatient (Virtual Program)                                   | 1,367,365          | 14.71%         | 1,275,843          | 14.42%         |
| <b>Total:</b>                                                    | <b>\$9,296,678</b> | <b>100.00%</b> | <b>\$8,849,789</b> | <b>100.00%</b> |
| <b>Excess of Expenses over Revenues</b>                          | <b>\$—</b>         |                | <b>\$—</b>         |                |

**2026 vs 2025 Revenue at a Glance**



**2026 vs 2025 Expenses at a Glance**





## Our Mission

To help save lives through compassionate addiction and mental health programs.

## Our Vision

A future where every person impacted by addiction can rebuild hope, healing, and connection.

## Our Values

Compassion, Collaboration, Community, Lived Experience

## Our Commitment to Diversity, Equity, and Inclusion

At Renascent, we are deeply committed to the principles of anti-oppression. This means actively working to understand, challenge, and dismantle the systemic barriers that contribute to inequity and discrimination—both within our organization and in the lives of those we serve.

We recognize that oppression can impact individuals in many ways, including but not limited to race, age, gender identity, sexual orientation, ability, religion, socioeconomic status, appearance, and country of origin. These experiences can affect not only a person's mental health and recovery journey but also their sense of safety and belonging.

We are dedicated to creating an environment rooted in compassion, equity, and respect — where every individual feels seen, heard, and valued. Through ongoing education, accountability, and collective action, we strive to build a culture that promotes healing, dignity, and respect for all.



**Renascent®**

*The road to recovery starts here.*

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**[renascent.ca](http://renascent.ca)**

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